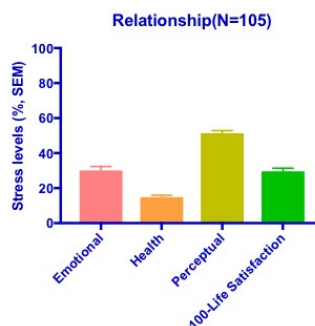
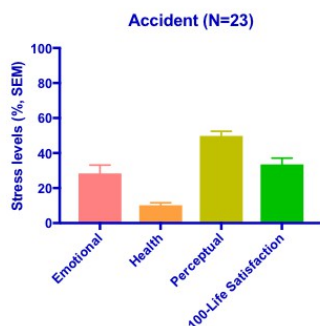
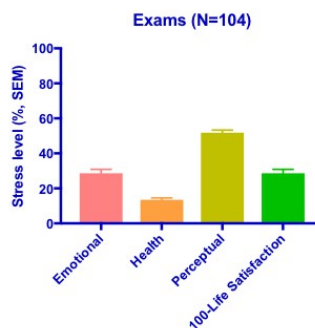
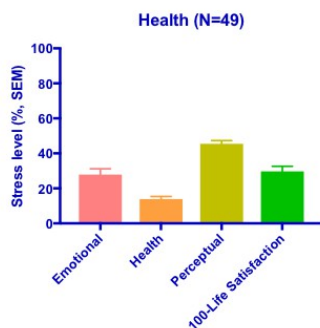
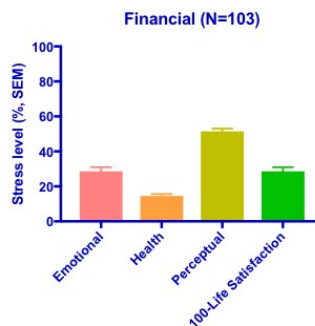
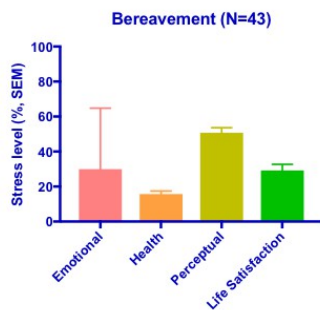


Appendix 1: Variations in stress levels depending on the type of stress suffered in the past year.

Stress is a heterogeneous phenomenon, and therefore, in stressed individuals, we asked them to identify the type of stress they had suffered. In the figure below, we demonstrate variations in stress-levels depending on the reported stress types.

Recall that logistic regression with self-described stress as predictor did not reveal a significant likelihood of being screen addicted. This can be seen in the absence of a significant difference in internet overuse, and in screen time as well.

Stress Levels for Reported Stress Types



Screen Usage Depending on Stress Type

